

Prayer Corner 1

A Gracious Gift from God

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For me, prayer is a gracious gift from God. It is an easy way to connect with God. It is far beyond the latest technology and yet very simple. We can connect with God anywhere or anytime. We do not need any equipment, not even a battery charger. Prayer is our "daily bread" for our essential nourishment.



Father Richard Rohr shares in his [Daily Meditation](#) the following thoughts:

"Prayer is not primarily saying words or thinking thoughts. It is, rather, a LIFE STANCE. It's a way of living in the Presence, living in awareness of the Presence, and even of enjoying the Presence."

And so, we pray:

Dear Heavenly Father,

Thank you for Your Gift of Prayer that instantly connects us with Your Presence

Help us to stay focused on Jesus and to discern Your Will unceasingly.

Help us to live in gratitude and a giving heart.

Holy Spirit, help us to "Be a Living Prayer"...

We Pray in the name of Jesus. Amen

Sources: <http://www.meditations@cac.org>

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