

Prayer Corner 10

Gratitude and Thanksgiving

By Angie Rebert



I have given much thought to this posting of gratitude and thanksgiving. I have read many gratitude prayers and composed some in my heart. Yet nothing grabbed my spirit enough to post for Prayer Corner this Thanksgiving season.

This week, I found and pondered Thanksgiving scripture verses. I would like to share my favorite ones with the hopes that you may use them in your own personalized prayer practice, perhaps incorporating some of the prayer suggestions in the verses below.

I am convicted to more faithfully practice these different gifts of prayer. May you too be blessed as you reflect and express the abundant blessings from God in this season of Gratitude and Thanksgiving.

The scriptures below are followed by suggestions for ways to use them.

Rejoice always, pray continually, give thanks in all circumstances, for this is God's will for you in Christ Jesus.

I Thessalonians 5:16-18

***Oh Give thanks to the Lord
for He is good and His mercy endures forever.***

I Chronicles 16:14

Suggestion:

Choose a day to prayerfully and joyfully thank God as you go through the day, noting in the moment when you are thankful. Examples to note: daylight, waking up, in house plumbing, toilet paper, COFFEE!

My friend Zakiyyah often could be heard throughout the day exclaiming or whispering, "Thank you, Jesus! Thank you, Jesus!"

Be anxious for nothing... by prayer and petition with thanksgiving, present your request to God.

Philippians 4: 6-7

Suggestion:

Read this verse several times. Reflect. Pray, starting your prayer with thanksgiving, then make your request to God. Follow up with another expression of thanksgiving and praise.

Let the word of Christ dwell in you... in psalms, hymns, and spiritual songs. And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him.

Colossians 3:16-17

Suggestion:

Pray and practice throughout the day, committing what you are doing to be pleasing to God. Perhaps you might say as you are preparing a meal: "I commit this meal to the well-being of my family. I thank you, God, for the opportunity to make a healthy tasty meal for them. I thank you for my health and energy to offer this meal."

Oh give thanks to the Lord, for He is good, for His steadfast love endures forever.

Psalms 107:1

Suggestion:

Choose a phrase that speaks to you and use it for a mantra, repeating it throughout the day, or compose a simple tune for the special words and sing it throughout the day.



Listen to [Thank You Lord](#) by Don Moen.

Prayer from Angie:

May your hearts be full of gratitude and thanksgivings and your spirits full of joy and a peace that truly goes beyond our understanding.

Sources:

Scripture: All Bible verses are from the NIV except I Chronicles 25:13 and Psalm 107:1.

Song: YouTube/Don Moen

Thanksgiving picture: Sabrina Ripke, Pixabay

Music notes: <http://clipart-library.com/clipart/pcqAyzKc9.htm>