

Prayer Corner 7
Personal Praying of the Lord's Prayer
by Angie Rebert

Matthew 6:9-13



Greetings and Blessings to All,

I would like to share with you a personal example of praying the Lord's Prayer. Recently, I have been convicted of just "saying" the Lord's Prayer instead of "praying" it within my heart spirit. So, I stop after each phrase and just talk to God.

Each time I pray the Lord's Prayer in this way, my thoughts and words change. Perhaps after reading this example, you might want to pray your own personal version of the Lord's Prayer. Praying the Lord's Prayer in this way has changed my prayer attitude. Now it is reverent praying instead of a routine reciting. However, I am having trouble when we repeat it together in worship service, as I have so many thoughts coming that I can't squeeze them in fast enough!

Best results would be to try this way of praying the Lord's Prayer when you are in a quiet unhurried space and just enjoy the sacred journey of wandering through our Lord's beautiful words for prayer guidance. It can be an exciting journey or a peaceful path. I pray you will be blessed as you try out this prayerful technique.

Example: Personal Praying the Lord's Prayer

Our Father

Father God, you belong to us all. I'm glad I share you, and we can ALL call you Father.

Who art in Heaven

You, O my God, You are in Heaven far above, yet you are also here with me and IN me, before me, behind me, and beside me. Thank you for sending Jesus to us to Show us the Way to You dear Father God. Thank you for sending us the Holy Spirit to comfort us

Hallowed be Thy Name

*All powerful, all omnipresent, all encompassing
How awesome is Your Name! Jehovah God, Almighty One
How sacred is Your name above all names!*

Thy Kingdom come

*I know that someday Your kingdom will be here on earth in all its magnificent glory. Yet even today, Jesus said your kingdom is “**In**” us who believe. Your spirit ignites our spirits and makes a tiny bit of your kingdom here within us, even now in this moment.*

Thy Will be done

I know your Will is often different from mine. Please make me desire Your Will to be done.

On earth as it is in Heaven

*It's hard to even imagine or desire Your Will be done here in our world.
Yet I know that it would be so much better if only Your Will were done here on earth, done completely and always. Please God, increase my desire for Your Will not mine, to come to be in my spirit and in my life, and on this earth. **Empower me to know, desire and to do Your Will.** May your Will fill the earth until it becomes the New Heaven and the New Earth.*

Give us this day our daily bread

O Lord, I pray for my daily needs, not just food and shelter, but for protection and guidance and healing in mind, body, and spirit. I pray also for the daily needs of others who share this earth with me. I know You know better what we need than we do. So, I pray that You increase our Trust in You.

And forgive us our debts

*I'm sorry Lord for the many things I have done wrong that have hurt others and myself and have hurt You. I regret my wrong thinking and wrong actions. I really want to turn and change and become more like You have created me to be. Help me O Lord. Help me.
Forgive me, O Lord, please forgive me and erase my wrongdoings from Your Memory as you promised.*

As we forgive our debtors

Oh Lord, forgiving others who have hurt me so unjustly and cruelly is so very hard. I'm not sure I can forgive them. I'm not sure I want to forgive them. But I want Your forgiveness! So please, I ask You to help me WANT to forgive and help me actually forgive. Please be patient with me and help me forgive a little more each day. Thank you for giving me a forgiving heart.

Lead us not into temptation, (I prefer to say: Let us not fall into temptation)

Help us O Lord to resist temptation, especially to resist our old habits that destroy our spirits and our bodies. Catch us before we fall, Oh Lord. Help us not to dwell on destructive thoughts and emotions. Help us please to hear your voice and empower us to Listen to your wise, caring Spirit. Fill us please with Your love and peace.

And deliver us from evil

*There is so much evil and pain in our world: shootings, drugs, abuse, assaults, stealing, corrupt doings in business and politics, murders, wars, threats of war and destruction, massacres, hunger and neglect, abandonment and betrayal, illness, and terminal diseases.
It hurts my heart and makes me anxious to think of it. Help us, O Lord to trust You to protect us and be with us through it all. I humbly and boldly ask you to keep us safe from the evil that seems to be everywhere.*

And please O Lord, plant in us Your Will and Goodness so that the LIGHT our lives give out will bring Your Light and Your Love in place of darkness of thought and deed.

For Thine is the Kingdom

*For ALL is Yours O Lord! You are the Almighty One.
You have created and ordained your Purpose in us.
All belongs to you and is designed by You
Your kingdom is All encompassing
and All Yours, created and being created.*

And The Power

*Your Power is so far beyond our abilities to comprehend.
You are ALL Powerful in All things and in All ways.*

And the Glory

Oh my! What is Glory? Colors never seen before. Light so bright we must close our eyes? Objects shimmering and pulsing, vibrating, and wavering, sweeping across the heavenly heights and spiraling down the ocean depths. Songs and sounds never heard before yet so beautiful we can only bow and weep and rise and dance and sing.

*I can only imagine. Only imagine!
Yet, not even imagine,
As my mind can't comprehend Your Absolute Glory.
I just know that I know that I know.
There is Glory and it is All You!
And even then, my human mind cannot even begin to comprehend
Your Glory, your awesome Glory!
I will have to wait until You transform me*

*Waiting for You in forever Time.
Waiting for Your Absolute Love.
Waiting for Your Awesome Glory.
Waiting.... For You O God , Our Father.
Expecting You.
Accepting YOU.*

Forever and Ever...

*Always, Everlasting, Ongoing
Ever Expanding Galaxy of Love
Infinite.
Uniting us All with You
In Your Infinite Kingdom of Love.*

Amen and Amen!

*May it be so, Oh Lord!
May it be as Jesus taught us.
May it be as You promised.
It IS as You have proclaimed!*

I believe, I Receive... I Thank you.

If you would like to write your own expanded Lord's Prayer open/download the separate PFD form and add your own words in the spaces below each section of the prayer.

You might like to print out this form or just use it as a guide.

